



Dates closed in 2018-2019
December 24th and 25th Christmas
January 1st 2019 New Years Day
January 21st, 2019 Martin Luther King, Jr. Day

We know families celebrate in different ways during the holiday season. Historically families have asked for things the rooms might need so we created the giving tree. If you wish to participate (not expected, but appreciated) each room has decorated ornaments with their wish list items on the tree in the lobby. Simply take an ornament. Please bring the wrapped item with the tag attached by December 14th. The rooms will be having their parties and opening presents sometime that following week. So we can appropriately thank everyone, please put your name on the gift as well.



Infant Room

As fall is dwindling away and winter is just around the corner (or already knocking at the door!), it's important to keep in mind safe practices with your infant in this chilly season; both indoors and outdoors.

Outside:

Dress in layers, but be cautious of overheating. Start by dressing your infant in snug-fitting layers, such as leggings and onesies, and then add long sleeve shirts, sweaters, or sweatshirts. If it seems that your infant is starting to overheat, remove heavy layers first, while still ensuring that they are warm enough to be outside. Have hats and mittens for your child to wear while outside, even if it's brief. You and your child should still get fresh air during the winter, but be cautious of how long you are outside and what you are wearing.

Inside:

As the temperature drops outside and it gets colder inside your home, it is still important to remember that having your infant sleep with blankets or hooded clothing is still unsafe and can increase your child's risk of SIDS (Sudden Infant Death Syndrome). Instead, to prevent your infant from getting cold while they sleep, dress them in something such as footed pajamas or long sleeve onesie and soft pants. If they still seem cold, consider adding a sleep sack. Prevent dry, cracked skin on your infant by limiting the time spent in the bathtub (about 10 minutes is recommended). Too much exposure to warm or hot water can dry out an infant's skin. When they're out of the tub, make sure to use a lotion or moisturizer on them. Use one that is unscented and has as little chemicals as possible (possible options: Cetaphil Baby Daily Lotion, Aveeno Baby Daily Moisture Lotion). Try using a humidifier in your infant's room as well. The winter months are not as humid as other times of the year and providing some humidity can help prevent dry skin. To help prevent the spread of winter colds, wash your infant's hands as much as possible using soap and water. Have your infant immunized; infants 6 months and older can get a flu shot. Both of these will help prevent the spread of illness this winter.

Reminders:

The center will be closed Monday, December 24 and Tuesday, December 25 for the holiday. We will be back open on Wednesday. We also have Miss Brenda's birthday on the 27th of this month. Don't forget to wish her a Happy Birthday after we return from the holiday break!

Miss Brenda and Miss Samantha



Toddler Room

Greetings from the toddler room! We are so excited to spread the holiday cheer this month by dancing to holiday music, decorating a paper tree, playing in the snow, and reading holiday books. We have been exploring holiday music in Spanish, German, French, Chinese, and several other languages. This month we will also be learning holiday sign language signs.

Reminders: Keep washing hands when you arrive to our room to keep the germs away. Also, the giving tree is available in the lobby if you want to get an item for our classroom. Just look for the reindeer ornaments and that is the toddler classroom wish list. Any donations are appreciated but always optional. We have been trying to go outside as much as possible. If the weather is below 0 then we are unable to go outside. We also won't go out if it is raining or super windy as your child's safety always comes first.

Who's moving up?

This month we are keeping all of our friends and that makes us happy!

Who's coming in?

We welcomed Clay into our room and can't wait to teach him all of our skills. The kids are already showing him how fast they are and how to stack blocks!

Activity

Take a spray bottle or a squirt gun and fill with food coloring and water. Then spray the snow and create colorful patterns. This works on your child's fine motor skills as well as showing their creativity and promoting individuality.



Miss Marissa, Ms. Yalonda and Miss Kim

Two's Room

The year of 2018 has gone by way too fast! I can't believe it is December already, we hope you all had a great Thanksgiving with your family! The Two's have enjoyed getting outside and playing in the cold weather. They love jumping in the fresh powdered snow, ridding in the sleds with their friends, and shoveling snow. Making snowman and snow angles are their favorite! Some fun activities the kids love to do include, playing with flour and sugar, reading lots of books... llama llama and frosty the snowman are their favorites right now, building forts in the class room, throwing soft balls in the basketball hoop, and dancing to music! There is a Christmas tree in the lobby, it will have little paper ornaments that will have a picture of a toy on it, you are welcome to pick out one! The 2's Christmas party will be on December 18th at 3:15pm!



Hello and Goodbye

We are very sad to say goodbye to our friend Emmit, but we know he will have so much fun in the 3's room! We are excited to welcome Atticus into the 2's Room!

Birthdays

We would like to wish a big Happy Birthday to our friend Oliver on December 30th!



Activities

The two's love playing and feeling snow, they could play with it all day if it didn't melt, when it's too cold to go outside put snow in small buckets and bring inside so the children can feel it and play with it. You can add food coloring or tools such wooden spoons for more variety.

Snow Food coloring

Bucket Wooden spoons

Miss Crystal

Three's Room

FA LALA LA LA LAAAAA!!!!

It's Miss Megan's favorite month, so it is socially acceptable for her to decorate for Christmas!! Anyways, we've been busy this last month with building towers out of blocks, dancing to Koo Koo Kangaroo and making cars out of anything and everything imaginable. I guess this is what we do with a classroom of 13 boys and 1 girl! Last month we talked about giving and how we can give to our families and helping our parents and learning to be a little bit more independent. We'll keep that going with it being the season of giving! What you can expect for the next month is different activities you can do out in the snow, different culture's holidays and how they celebrate. If any of you have special family traditions please let us know, we would love to learn more!

We have your Wishing Tree up right when you walk into the building. It's completely optional if you want to donate a gift to the classroom. Our ornament is the figure skates, it also says 3's on the front.

We'd like to take the moment to say goodbye to Simon, his family left for North Carolina and we wish them good luck and hope they enjoy the slightly warmer weather!

Hello to Emmit and his family along to Reya and her family. We are so excited to have both of them joining us along with adding another girl to the classroom!!

A fun activity to do this time of the year is going outside and spending a nice day in the snow. Going sledding, building snow people and maybe making a snow fort! Another fun thing to do is to go to Lindenwood Park and see the Holiday Lights. It goes from November 30th- December 30th from 5:30 pm- 10 pm. It is \$7/per car, but only \$6 if you bring a canned good to donate! It is such a fun experience for the kids to see all the pretty lights.

Until the New Year!

Miss Megan, Miss Katie, Miss Erin and the Crazy 3's



Preschool Room

Let it snow, Let it snow, Let it snow! As I begin writing this letter, it's a start to a snowy day outside today. It's safe to say the snow is definitely here to stay. The kids have loved the change in seasons and have enjoyed sledding, making snow angels and snowballs. Hopefully one of these days the snow will be just right for making a snowman! November was a busy but fun month. We talked about the many things we are thankful for and we will continue that going into December as the holiday season continues. We will be talking about the importance of giving rather than receiving. We will be working on gathering things for a special gift giving project during the first few weeks of December. I will be sending a note home with your preschooler with more details. Also, during December first up is a gingerbread theme and there will be fun art and science projects. The kids will help make gingerbread playdoh. Next, we will spend the next two weeks talking about Christmas around the world and how different cultures celebrate the holidays. Then, a week on the author Jan Brett, she writes lots of fun winter themed books. After, will be a week on penguins that will lead us into January.

Birthdays: Rowan, Dec. 13!

Welcome: We welcomed Amelia from the 3's room in mid November. We look forward to getting to know her and her family!

Family Activity: A fun family night activity would be to grab some hot cocoa and take a drive around the different neighborhoods and look at all the festive lights and decorations. Even play some Christmas music to help get in the holiday spirit and sing along together.

Ms. Stacy



Pre-K Room

Brrrrr! Welcome to December. We are going to be talking about penguins, hibernation, gingerbread, and winter holidays this month. If you have any traditions or holidays you celebrate we would love to learn about them. As long as the wind chill is above 0 we will be going outside so make sure your child has every thing they need to stay warm and dry. Accidents do happen so please make sure your child has a change of clothes in their cubby just in case.

Reminder we will be closed December 24th, and 25 and January 1st

Parent/child

We all know the weather can be a pain, and we can be trapped indoors for days. We still need to get that energy out some how, a good solution is a dance party!! If you have any flowy scarves or strips of fabric they make very good things to get your child's whole body moving. You can also add some bubble or glow sticks to the mix. Find some music with a good beat and get moving!

Ms. Pam and Ms. Amanda



December

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
2	3 B- Cereal , Fruit, Milk L- Mini Chicken Corndogs , Baked Beans, Pears, Milk S- animal crackers, pineapple, water	4 B- English Muffin, Fruit, Milk L- Turkey ala King, noodles, mixed veggies, fruit cocktail, milk S- Turkey, Saltines, water	5 B- Waffles, fruit, milk L- Soft Taco, Tortilla , baby carrots, Mandarin Oranges, Milk S- Cheez-Its, 100% Juice	6 B- Biscuit, Fruit, Milk L- Spaghetti & Meat Sauce, Corn, Pineapple, Milk S- Carrots, Ranch, Oyster crackers, Water	7 B-Cheese Omelet, Fruit, milk L- Fish Sandwich Bun , Pears, Applesauce, milk S- Goldfish, broccoli, water	8
9	10 B- Cereal, Fruit, Milk L- Chicken Alfredo, Cooked carrots, tropical fruit, Milk S-trail mix, 100% Juice	11 B-Jelly Toast, Fruit, Milk L-Meatballs & Gravy, Mashed Potatoes, Pineapple, Bun, Milk S- Broccoli, pretzels, water	12 B-Pancakes, Fruit, Milk L-Taco Casserole, Lettuce, Fruit Cocktail, Milk S-Yogurt and Granola, Water	13 B- Muffin, Fruit, Milk L-Chicken Strips, Rice, beets, applesauce, milk S- Ritz, Oranges, Water	14 B- Cereal Fruit, Milk L- Grilled Cheese , apple slice, corn, Milk S- Tortilla, Cheese Slice, Water	15
16	17 B- Cereal , Fruit, Milk L- Chicken Egg Roll Veggie Brown Fried Rice Pineapple, Milk S-Cheez its, Fresh fruit, Water	18 B- Cinnamon Toast Fruit, Milk L- Turkey Wrap diced Carrots, Tropical fruit, Milk S- Lil smoktes, Townhouse crackers, Water	19 B-Pancakes Fruit, Milk L- Sweet & Sour meatballs, Brown Rice Peas, Man. oranges, Milk S-Cottage cheese, Club crackers and Water	20 B- Muffin Fruit, Milk L- Meat Lasagna, Green Beans, Fruit Cocktail., Milk S-Cheddar Cheese biscuits, fruit, water	21 B- English Muffin Fruit, Milk L- Tuna Hotdish, Beets, Fresh fruit, Milk S-String cheese, Chex-mix, water	22
23	24 Center Closed	25 Center Closed	26 B-Waffles, Fruit, Milk L- Spaghetti Pizza, Peas, Melon, Milk S-Cheese slice, club crackers, Water	27 B- Biscuit, Fruit, Milk L- Turkey & Cheese sand, green beans, Peas, Milk S- Smoothie, trail mix	28 B-Cheese Omelet, Fruit, Milk L Home-made-Mac-n-Cheese, Grapes, Broccoli and Milk. S- Carrots and ranch , Oyster Crackers, water	29
30	31 B- Cereal Fruit, Milk L- Chicken Patty, Bun, Beets, Tropical fruit, Milk S- Cheez-Its, Carrots, water					

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